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FIND FRESH, HEALTHY FRUITS AND VEGETABLES ANYWHERE IN PINELLAS WITH NEW MAP

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June is National Fresh Fruit and Vegetable Month, which means it's a great time to visit local farmers markets in Pinellas. To encourage residents and visitors to eat more vegetables and fruits, the Florida Department of Health in Pinellas County (DOH-Pinellas) developed a one-page map to help you find your closest fresh-food location.

The *2018 Pinellas County Farmers Market Guide* lists markets by location, times and days of the week the markets are open, as well as links to various websites for more information.

Fresh fruits and vegetables are high in many important vitamins and minerals. People who eat more vegetables and fruits as part of an overall healthy diet are likely to have a reduced risk of some chronic diseases.

Download your *2018 Pinellas County Farmers Market Guide* at <http://pinellas.floridahealth.gov/programs-and-services/wellness-programs/health-promo-school-health/index.html>.

For information about DOH-Pinellas, go to www.PinellasHealth.com or follow us on Twitter at [@HealthyPinellas](https://twitter.com/HealthyPinellas).

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About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](http://www.nacaccredit.org/), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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